

Combination of Multi-Energy Calibration (MEC) and Laser-Induced Breakdown Spectroscopy (LIBS) for Dietary Supplements Analysis and Determination of Ca, Mg and K

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This study describes the application of laser-induced breakdown spectroscopy (LIBS) for the direct determination of Ca, K and Mg in powdered dietary supplements. Multi-energy calibration (MEC) method was applied to obtain a calibration curve. With MEC, it was possible to observe spectral interferences and select adequate emission lines from LIBS. For Ca and Mg, five lines were selected and for K just two lines among four could be selected (compromising the results). The trueness for dietary supplements ranged from 81 to 103% for Ca and 74 to 106% for Mg. For K, just the samples S3 (95%) and S5 (109%) showed acceptable trueness values. In the case of Ca and K, besides the MEC, the normalization using C as internal standard also improved the figure of merit results. The MEC and normalization processes showed that possible matrix effect and spectral interferences could be avoided, and the results of trueness and precision were satisfactory.

Keywords: multi-energy calibration, direct solid analysis, dietary supplements, LIBS, macronutrients determination

Introduction

The most exploited aspect in analytical chemistry is related to quantitative analysis. These analyses are mainly based on modern instrumental techniques, which are able to record analytical signals intensities for a single analyte in a short time interval. The majority of analytical procedures employ aqueous samples and standards and a myriad of calibration strategies is routinely available in the literature. The most common and successfully employed one is external calibration, where several standard solutions with different concentrations of the analyte is used to propose a linear model using analyte standard concentrations in *x*-axis and signal intensities in *y*-axis. Afterwards, a linear model is calculated and used to obtain the analyte concentration of samples and some figures of merit, such as limits of detection (LOD) and quantification (LOQ).^{1,2}

The limitation of external calibration is the fact that full analyte selectivity is required and the influence of sample matrix must be negligible.¹ In all cases reported in the literature, an intense sample preparation procedure is required. These procedures include wet digestion protocols

that employ a simple sample dissolution (feasible in few cases),³⁻⁷ digester block⁸⁻¹² or microwave oven assisted digestion.^{3,5,13-15} Results from samples with a complex matrix can be strongly affected if the differences between sample and standard matrices are neglected. Beside the external calibration, alternatives such as internal standard (IS) method¹⁶⁻¹⁹ and standard addition method²⁰⁻²⁴ are often used in analytical chemistry.

All the traditional calibration methods previously mentioned present drawbacks for analysis of complex samples, being in some cases necessary the application of other strategies such as multivariate calibration²⁵⁻²⁹ and matrix-matching procedures.³⁰⁻³²

Since 2011, nontraditional calibration methods, such as standard dilution analysis (SDA),³⁰⁻³³ interference standard method (ISM)³⁴⁻³⁶ and multi-energy calibration (MEC),³⁷ have been applied for quantitative analysis by inductively coupled plasma (ICP) optical emission spectrometry (OES), high-resolution continuum source (HR-CS) flame atomic absorption spectrometry (FAAS), ICP-mass spectrometry (MS) and microwave induced plasma (MIP) with OES.

According to Virgilio *et al.*,³⁷ MEC is a method where the signal intensity for a wavelength can be directly correlated to the concentration of the analyte and the

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excited-state of energy. In the procedure proposed by Virgilio *et al.*,³⁷ a simple and efficient matrix-matching procedure was proposed for several types of samples after wet digestion or dissolution (e.g., green tea, beer, red wine, apple juice, cola soft drink, vinegar, ethanol fuel and creek water) using ICP OES, HR-CS FAAS and MIP OES.

As widely reported in the scientific literature, a matrix-matching procedure in analysis is essential, mainly for complex samples, as food. These difficulties are even higher when direct solid sample analysis is performed, and several strategies are reported in the literature.^{16,17,38}

Beyond the matrix complexity, most samples require an acid digestion process to be analyzed by conventional techniques. During sample preparation, errors can be introduced due to the several unitary operations, such as dilution and acid addition that compromise analytical frequency increasing the contamination possibilities and generating residues.³⁹

Sample preparation processes can be avoided or minimized when analytical techniques that allow the direct solid sample analysis are applied, being laser-induced breakdown spectroscopy (LIBS) one alternative.⁴⁰⁻⁴³ Besides the advantage mentioned, the LIBS analysis has high analytical frequency, requires reduced sample mass (typically less than 100 mg), and has multi-element capability when compared with FAAS.⁴²

On the other hand, disadvantages related to calibration method are observed because the ablation process involves some μg of samples. Reference material with certified values concentration for masses in this range or lower are not commercially available.^{38,44,45} Direct solid analysis also presents difficulties, such as the data reproducibility related to the ablation process, formation of the plasma, microheterogeneity and matrix effects, which in some cases can be minimized applying several types of normalizations or standardization on the raw data.⁴⁶

In the present study, a simple and fast method for the direct analysis of powdered samples of dietary supplements by LIBS to determine Ca, Mg and K was applied and discussed. The dietary supplements, including those analyzed in this study, are commonly used in the sense of compensate possible deficiencies in macro- and trace elements. These products are prepared synthetically in laboratories with the addition, for example, of powdered milk, maltodextrin, sucrose, cellulose, vitamins (i.e., ascorbic acid) and minerals (i.e., calcium carbonate (CaCO_3), calcium phosphate, magnesium carbonate (MgCO_3), magnesium phosphate, potassium iodide (KI)). The spectra obtained from LIBS technique present several emission lines allowing to explore the MEC capability as a strategy to obtain the concentration values and circumvent

problems related to matrix effects. Also, several types of normalization modes, including the use of IS naturally presented in the sample (mainly carbon), were tested to improve figures of merit.

Experimental

Reagents, sample description and reference values acquisition

The reagents used throughout the study were of analytical grade and higher purity. For the ICP OES analysis the water used was deionized using a Milli-Q® Plus Total Water System (18.2 M Ω cm resistivity; Millipore Corp., Bedford, MA, USA). All flasks (polypropylene (PP)) and glassware were previously decontaminated by soaking into a 10% v v⁻¹ HNO₃ solution for 24 h and rinsed with deionized water afterwards. Multi-element standard solutions were prepared daily after successive dilutions of stock solutions: 10,000 mg L⁻¹ Ca, and 1,000 mg L⁻¹ K and Mg (Quemis, Jundiaí, SP, Brazil). These multi-element solutions were used to prepare the calibration curves to obtain reference concentration values in ICP OES determinations. Six commercial solid dietary supplements (S1-S6) were analyzed and further details about the intended use can be found elsewhere.²⁸

For the ICP OES determinations, the solid samples were submitted to wet digestions with the assistance of a microwave equipment, employing analytical grade concentrated (14 mol L⁻¹) HNO₃ (Synth, Diadema, SP, Brazil) that was previously sub-boiled with a Distillacid™ BSB-939-IR sub-boiling system (Berghof, Eningen, Germany) and 30% m v⁻¹ H₂O₂ (Synth) was used as auxiliary oxidant reagent. Speedwave Four microwave system (Berghof) used was equipped with eight high pressure with eight high-pressure TFM® vessels (DAK100). The acid digestion procedure was accomplished with 500 mg sample (pellets used for the LIBS analysis), 6 mL of HNO₃ (2 mol L⁻¹) and 3 mL of H₂O₂. The heating program is described in Table S1 (Supplementary Information (SI) section).

The measurements were performed by Thermo iCAP 7000 ICP OES system (Thermo Fisher Scientific, Madison, MT, USA) and an external calibration was applied to obtain the reference concentration values of Ca, K and Mg in the dietary supplements samples. All operational parameters from this system are shown in Table S2 (SI section).

LIBS instrumentation and solid sample preparation

The LIBS instrument used in the present study is a commercial benchtop system, model J200 (Applied

Spectra, Fremont, CA, USA). The system is equipped with a 1064-nm neodymium-doped yttrium aluminum garnet (Nd:YAG) laser with a pulse duration of 8 ns. The spectrometer is a 6-channel charged coupled device (CCD) with 12,288 pixels ranging from 186 to 1042 nm. The operational conditions of the LIBS instrument can be varied in the following ranges: (i) gate delay from 0 to 2 μs ; (ii) laser pulse energy from 0 to 100 mJ; (iii) spot size from 50 to 250 μm ; (iv) gate width is fixed in 1.05 ms; and (v) laser pulse repetition rate, adjustable from 1 to 10 Hz.

With the combination of these parameters the laser pulse irradiance (GW cm^{-2}) and fluence (mJ cm^{-2}) can range from 0.255 GW cm^{-2} and 2 mJ cm^{-2} (250 μm spot size and 1 mJ laser pulse energy) to 636.62 GW cm^{-2} and 5093 mJ cm^{-2} (50 μm spot size and 100 mJ laser pulse energy). The power ranges from 125 kW (1 mJ laser pulse energy) to 12.5 MW (100 mJ laser pulse energy).

Several different food matrices are currently analyzed in our research group using this instrument and the conditions are well established with several examples obtained in the last 3 years.^{12,28,44} In this way, Table 1 shows an instrumental condition that permitted good reproducibility, no signal saturation for major constituents and high analytical frequency.

Table 1. Experimental conditions for the J200 LIBS measurements

Parameter	Value
Delay time / μs	0.5
Spot size / μm	50
Laser pulse energy / mJ	50
Fluence / (mJ cm^{-2})	2546
Irradiance / (GW cm^{-2})	318
Sample speed / (mm s^{-1})	1
Laser repetition rate / Hz	10
Number of scan lines	20
Distance between lines / mm	0.5
Approximate number of laser pulses <i>per</i> line	70
Total spectra recorded <i>per</i> pellet	around 1400

In order to perform the LIBS measurements and following MEC assessment, CaCO_3 (100.09 g mol^{-1} , Mallinckrodt, Staines-upon-Thames, UK), MgCO_3 (84.32 g mol^{-1} , ECIBRA, Curitiba, PR, Brazil), KI (166.00 g mol^{-1} , Synth), and microcrystalline cellulose ($\text{C}_6\text{H}_{10}\text{O}_5$, 324.3 g mol^{-1} , density: 0.26-0.34 g cm^{-3} ; Synth) were used to prepare standards and pelletized.

In this study, cellulose was considered as blank and for the standards, a solid mixture with cellulose was previously prepared to obtain an intermediary stock solid mixture. The final Ca, K and Mg concentrations were 0.707, 0.595 and 0.182% m m^{-1} .

For MEC assessment, two solid mixtures (pellets) are needed: (i) pellet 1 (sample plus blank (microcrystalline cellulose)); and (ii) pellet 2 (sample plus stock mixture (microcrystalline cellulose and the salts of Ca, K and Mg)).

For all samples preparation, 250 mg of each one was mixed in a mortar with 250 mg of cellulose (pellet 1: sample + blank) or 250 mg of standard stock solid mixture (pellet 2: sample + standard), then pelletized using about 10 t inch^{-1} of pressure with a pressing machine. All pellets were made in triplicate. In total, for the six samples, 72 pellets were prepared. Figure 1 shows all the procedure mentioned in this section.

Additional tests were performed changing the proportion of the analytes in the stock mixture. In this case, four mixtures were prepared with the following concentrations (in %): (i) Ca 0.66, K 0.68, Mg 0.18; (ii) Ca 0.35, K 0.60, Mg 0.18; (iii) Ca 0.72, K 0.26, Mg 0.18; and (iv) Ca 0.72, K 0.59, Mg 0.09. The goal of this test was to observe if the MEC approach can correct different analytes proportions in the standard mixture.

The data treatment was performed in Microsoft Excel[®] and MATLAB 2017b.⁴⁷

Results and Discussion

As mentioned before, new calibration strategies such as MEC can be applied to avoid difficulties related to sample

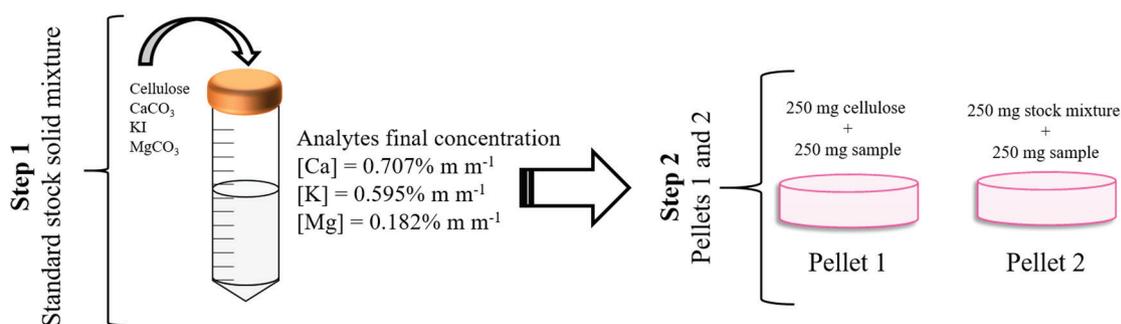


Figure 1. Sample preparation procedure for LIBS analysis using MEC.

matrix, since this strategy is based on a matrix-matching process. In this sense, MEC is a new alternative for solid analysis by LIBS. Figure 1 shows that the amount of sample added in both pellets (1 and 2) is the same. Direct solid analysis using LIBS is strongly affected by matrix interferences, mainly for food samples, which is a complex matrix due to their organic compounds such as lipids, carbohydrates and proteins.⁴⁸

LIBS analysis can provide a lot of spectral information and chemometric tools are required to assess and improve the results. In this way, before MEC, twelve normalization modes were also applied to the raw spectral information of each sample and standards.

In this section, the twelve normalizations were codified as 1 (average), 2 (norm and average), 3 (area and average), 4 (individual spectrum maximum and average), 5 (sum), 6 (norm and sum), 7 (area and sum), 8 (individual spectrum maximum and sum), 9 (C I 193.09 nm (atomic line) as internal standard (IS) and average), 10 (C I 193.09 nm as IS and sum), 11 (C I 247.85 nm (atomic line) as IS and average) and 12 (C I 247.85 nm as IS and sum). It is important to mention that the normalization number 1 is only the average of all analytical signals. Our research group is investigating these standardization strategies since 2016 and detailed information can be assessed in the studies published by Castro and Pereira-Filho⁴⁶ and Sperança *et al.*⁴⁹

After data normalizations, values of area and height were calculated for each analyte and the MEC was applied for selected emission lines. At the first attempt, eight emission lines for Ca and Mg, and four for K were evaluated, considering those that presented the highest relative intensity. Due to the capability of MEC to identify spectral interferences, few emission lines were removed to improve the statistical parameters (determination coefficient, R^2) of the calculated linear models. Figure 2 shows an example using sample S1. This figure shows the selected emission lines for each analyte: sample + cellulose (y-axis, pellet 1) and sample + standard (x-axis, pellet 2) and linear model for the signal height normalized by norms 9, 11 and 8 for Ca, K and Mg, respectively.

As can be noted in Figures 2a and 2b, five emission lines were selected for Ca. As expected, Ca signals in the pellet 2 (sample + standard) are greater than those observed for pellet 1 (sample + cellulose). From the eight emission lines tested, two presented spectral interferences (396.84 and 215.88 nm) and the line 534.94 nm presented low intensity signal. Four figures of merit were calculated for each sample and for each normalization mode: slope from the linear model, uncertainty with 95% of confidence level ($n = 3$), relative standard deviation (RSD, $n = 3$) and trueness calculated after comparison between the reference

(ICP OES) and predicted concentrations. The slope was calculated according to the linear model established for each sample as depicted in Figures 2b (Ca), 2d (K) and 2f (Mg).

LIBS concentration values (C^{Sam}) for each analyte, sample and normalization were calculated by equation 1.

$$C^{\text{Sam}} = \frac{\text{slope} \times C^{\text{Std}}}{(1 - \text{slope})} \quad (1)$$

where C^{Std} is known and constant.

Equation 2 represents an example using the equation 1 to calculate the Ca concentration by LIBS for one replicate of sample 1. The signal used was the height and normalization 9 (C I 193.09 nm).

$$C^{\text{Sam}} = \frac{0.503 \times 0.707\% \text{ m m}^{-1}}{(1 - 0.503)} = 0.715\% \text{ m m}^{-1} \quad (2)$$

In order to evaluate the contribution of the errors related to the linear model calculated, an analysis of variance (ANOVA) was performed for each replicate. The uncertainty obtained was propagated and a 95% of confidence was applied to the final value. The values of uncertainty and RSD were calculated for three replicates, for each sample and normalization (see calculations in the SI section).

The concentration values on Table 2 are the average among the replicates. According to the reference values (ICP OES), the trueness was calculated and a range from 60 to 120% was considered as acceptable result. All the figures of merit mentioned are presented in Table 2, with normalization and signal type for each sample chosen according to acceptable results of trueness and RSD. The outstanding normalizations were selected according to the nearest trueness values of 100% and the range of slope was demonstrated in Table 2. The unknown concentrations for the samples were calculated using MEC (equation 1). For Ca, all the samples analyzed by LIBS showed values of trueness between 81 and 103% and values of RSD from 16 to 56%.

For sample S1, for example, the best results for Ca were obtained with normalization 9 (normalization by C I 193.09), but similar (trueness from 60 to 120%) results were also obtained for normalizations 1, 5, 10, 11 and 12. The obtained Ca concentration combining LIBS and MEC for sample S1 was $1.08\% \text{ m m}^{-1}$ with an uncertainty (95% of confidence level) of $0.18\% \text{ m m}^{-1}$.

The IS method is applied to correct matrix-effect problems, but is currently used to improve the precision and accuracy if some variations during the analysis occur (i.e., transport, vapor generation, plasma temperature).^{37,50} In addition, IS must have similar characteristics, such

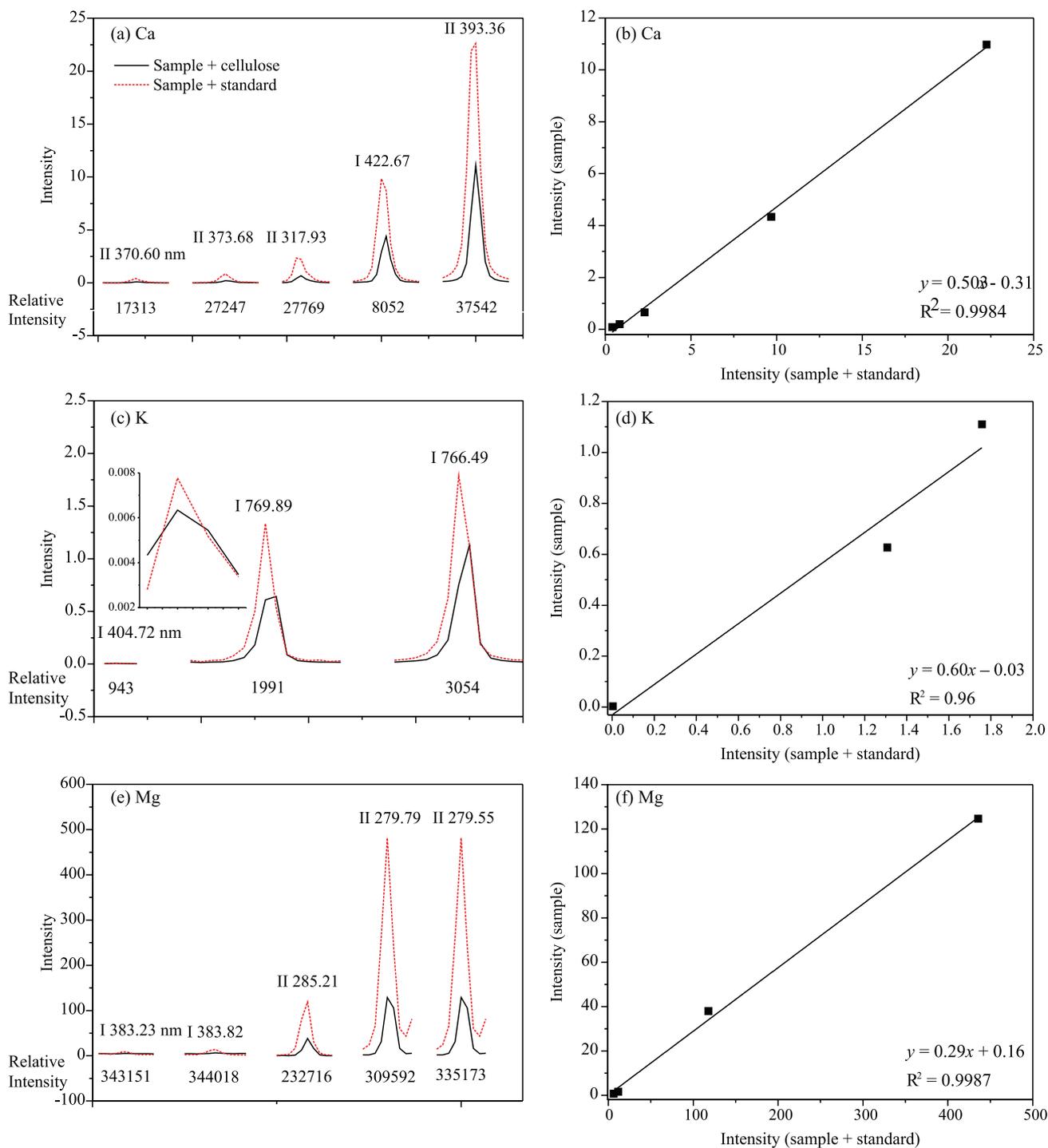


Figure 2. Selected and linear models for (a, b) Ca; (c, d) K and (e, f) Mg for sample 1.

as the atomic mass and/or first ionization potential and homogenous distribution in sample and standard material.⁵¹ The selection and use of IS in solid analysis is not an easy task. In situations, as such the presented in this study, the use of elements naturally present in the sample composition is an alternative. All samples are carbon-rich due to the natural presence of this element and by addition of cellulose. In this sense, carbon was used as option for

IS.¹⁷ In Table 2, it is possible to note that the use of IS was satisfactory for Ca (normalizations 9, 10, 11 and 12). The other normalizations, including the signal average (1), presented unsatisfactory results with trueness values higher than 150% for the majority of the samples.

The same situation occurs for K, but only for the samples S3 and S5, with trueness of 95 and 109%, respectively. For the analyte K, there is a problem regarding

Table 2. Normalizations and figures of merit for the LIBS analysis using MEC as calibration method

Analyte	Sample	Data	Normalization type remark ^a	Slope range	LIBS ^b / (% m m ⁻¹)	Uncertainty	RSD / %	ICP OES / (% m m ⁻¹)	Trueness / %	Trueness range / %
Ca	S1	height	9: C I 193.09 nm (1, 5, 10, 11, 12) ^c	0.50-0.69	1.08	0.18	20	1.13	96	81-103
	S2	area	11: C I 247.85 nm (1, 4, 9, 10, 12) ^c	0.55-0.67	1.20	0.19	16	1.49	81	
	S3	height	9: C I 193.09 nm (1, 5, 10, 11, 12) ^c	0.39-0.43	0.49	0.23	47	0.49	100	
	S4	area	11: C I 247.85 nm (9, 10, 12) ^c	0.30-0.38	0.36	0.20	56	0.35	103	
	S5	height	11: C I 247.85 nm (2, 9, 10, 12) ^c	0.50 -0.59	0.90	0.21	23	1.02	88	
	S6	height	9: C I 193.09 nm (1, 5, 10, 11, 12) ^c	0.49-0.43	0.60	0.21	36	0.71	85	
K	S1	height	11: C I 247.85 nm	0.60-0.77	1.39	5.8	414	0.73	199	95-109
	S2	height	9: C I 193.09 nm	0.67-1.56	-2.19	0.97	45	1.23	-178	
	S3	area	5: sum (1) ^c	0.33-0.44	0.40	0.41	180	0.42	95	
	S4	height	11: C I 247.85 nm	1.10-1.71	-2.92	0.5	17	0.92	-317	
	S5	area	11: C I 247.85 nm (9, 10, 12) ^c	0.22-0.54	0.37	0.66	175	0.34	109	
	S6	area	11: C I 247.85 nm	0.71-0.89	2.71	0.56	20	1.43	189	
Mg	S1	height	8: individual spectrum maximum + sum (2, 4, 6) ^c	0.27-0.29	0.07	0.009	13	0.07	100	74-106
	S2	height	4: individual spectrum maximum + average (2, 3, 6, 7, 8) ^c	0.33-0.46	0.11	0.01	9	0.13	85	
	S3	height	2: norm and average (6) ^c	0.21-0.29	0.059	0.004	6	0.08	74	
	S4	height	10: C I 247.85 nm (2, 6, 9, 11, 12) ^c	0.36-0.40	0.11	0.02	16	0.13	85	
	S5	area	12: C I 247.85 nm (6, 9, 10, 11) ^c	0.45-0.49	0.16	0.03	22	0.16	100	
	S6	area	3: area and average (7) ^c	0.46-0.54	0.18	0.05	26	0.17	106	

^aThe numbers in parentheses refer to the normalizations 1 (average), 2 (norm and average), 3 (area and average), 4 (individual spectrum maximum and average), 5 (sum), 6 (norm and sum), 7 (area and sum), 8 (individual spectrum maximum and sum), 9 (C I 193.09 nm as internal standard (IS) and average), 10 (C I 193.09 nm as IS and sum), 11 (C I 247.85 nm as IS and average) and 12 (C I 247.85 nm as IS and sum). I and II refer to the atomic and ionic emission lines, respectively; ^bconcentration calculated for LIBS using equation 1; ^cnormalizations with trueness values in the range of 60 to 120%. LIBS: laser-induced breakdown spectroscopy; RSD: relative standard deviation; ICP OES: inductively coupled plasma optical emission spectrometry.

the emission lines, because only four are available in the studied spectral range (186-1042 nm). In this case, were possible to obtain only signals for the first two (Figure 2) most intense lines. The emission line 404.72 nm presented analytical signals with low signal-to-noise ratio (SNR). Even with the satisfactory results for the samples mentioned previously, no results for K are reliable, since the linear models has only 2 points.

From the eight emission lines tested for Mg, three presented spectral interferences (280.27, 517.27 and

518.36 nm) and were not considered for the linear model. For this analyte, the trueness values were from 74 to 106% and the RSD were from 6 to 26%. In this case, the best normalizations were not only for C as IS, but also for norms 2, 3, 4 and 8. All these values were extremely satisfactory, and matrix effect was not observed.

Differences between the atomization and ionization process of these three analytes (Ca, K and Mg) and C as IS, can be associated with the results.⁵² As mentioned before, one condition to obtain an ideal IS are the similar values

of first ionization potential. For C the potential is 11.26 eV, greatly different from Ca, K and Mg (6.11-9.39 eV). This observation can be one of the reasons why C did not work so well as IS for Mg, but according to Kuznetsova and Morgulis,⁵³ just factors as the ionization potentials, excitation energies and similar thermal properties are not enough to have success using the IS.

As expected, all the slope values were below one and similar for Ca and Mg, ranging from 0.30 to 0.69 for Ca and from 0.24 to 0.48 for Mg. For K, the slope values were higher than those observed for Ca and Mg, with only two exceptions, S3 and S5 (samples that obtained acceptable trueness values). This observation can be due to the reduced number of emission lines observed for K.

A comparison between MEC and one-point gravimetric standard addition calibration (OP GSA) was performed. The OP GSA is a calibration method that approaches the same principle of MEC: matrix-matching, but in this case the method uses only one emission line, where the unknown concentration is calculated by curve extrapolation.^{54,55}

The figure of merit values for the LIBS analysis using the OP GSA are shown in Table S3 (SI section). The emission lines that presented the best results in the MEC were also used for the OP GSA models; besides RSD and trueness, calculations of F test were performed to verify the curve linearity. Table S3 (SI section) shows the ratio of $F_{\text{calculated}} / F_{\text{tabulated}}$. For Ca, the emission line 393.36 nm was better than the others, with trueness varying from 82 to 110% and RSD from 3 to 29%. For K (766.49 nm emission line), the trueness values were within the acceptable range only for S3 and S8 with 111 and 105% and RSD of 8 and 19%, respectively. The best emission line for Mg was 279.55 nm, where the trueness values varied from 82 to 108% and RSD from 4 to 8%, except for S2. The values of F-test ratio were high ($F_{\text{calculated}}$ higher than $F_{\text{tabulated}}$) showing that the OP GSA models are linear, except for Mg of S2 (ratio of 2) which presented a low trueness, being explained by lack of linearity.

The three analytes presented good results for the most intense emission lines: Ca 393.36, K 766.49 for few samples and Mg 279.55 nm for the majority of the samples. When these results are compared with MEC (see Table 2), the obtained one presented also good trueness for all samples and analytes. In addition, MEC showed a capacity to circumvent interferences related to matrix and spectral effects. This observation is clear for sample S2 when Mg was determined: the trueness for MEC and OP GSA were 85 (see Table 2) and 49% (see Table S3, SI section), respectively.

An additional test with different proportions of analytes into the stock mixture was proposed to evaluate if variations

can negatively interfere and generate a matrix effect. Four stock mixtures were prepared and mixed with S1. A triplicate ($n = 3$) for each stock mixture with S1 was pelletized and analyzed by LIBS and ICP OES and the data was calculated following all the procedures proposed in this study. Table 3 shows the concentration values for each analyte and its ratio. The signal normalization modes selected were the same as described in Table 2.

Table 3. Normalizations and figures of merit for the LIBS analysis using MEC for sample S1 and different stock mixtures

Stock mixture	Concentration in stock mixture / (% m m ⁻¹)	Ratio among the analytes	Trueness / %
1	0.66 (Ca)	3.7	92
	0.68 (K)	3.7	-7793
	0.18 (Mg)	1	105
2	0.35 (Ca)	1.9	80
	0.60 (K)	3.3	120
	0.18 (Mg)	1	89
3	0.72 (Ca)	4	106
	0.26 (K)	1.4	-24
	0.18 (Mg)	1	104
4	0.72 (Ca)	8	92
	0.59 (K)	3.2	124
	0.09 (Mg)	1	81

The similarity of trueness values demonstrates that even changing the proportions of analytes in a stock mixture did not interfere in the results. In the specific case of Ca and Mg it was observed a good concordance with those results presented in Table 2. In the case of K, the results were not consistent due to the lack of emission lines available in the studied range.

Trueness values between 60 and 120% were obtained and, consequently, the efficiency of MEC with the spectral normalizations sort out matrix effect issues.

Conclusions

The use of MEC with LIBS is a suitable alternative of calibration for dietary supplements, due to matrix effect of these products. The results obtained for Ca and Mg were satisfactory with recovery between 60 and 120%. However, due to limitation of few emission lines for K, a reliable calibration model was not possible to obtain. For Ca, the possibility of using C was successfully exploited improving the precision and accuracy, and for Mg other normalizations also improved these figures of merit. In general, with MEC and the normalization, it is possible to observe spectral interferences in the linear models, avoid

matrix effect due to matrix matching and improve results of precision and trueness.

Supplementary Information

Supplementary information is available free of charge at <http://jbcbs.sbgq.org.br> as PDF file.

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